

FOR IMMEDIATE RELEASE

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BACKBONES

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## **BACKBONES to Expand Board of Directors**

(March 1, 2022) BACKBONES is seeking candidates for its Board of Directors, as part of the organization's continued growth. The Board works with the executive director to set strategic direction, and to govern the organization. The board is a "working board," so directors take an active role in one or more areas of organizational activity. The board meets and works primarily via telephone and internet to accommodate the broadest and most diverse representation throughout the country.

BACKBONES is a nationally recognized 501(c)3 non-profit organization that exists to help people with spinal cord injury or disease (SCI/D) to connect with their peer communities. The organization was born when friends and family of Reveca Torres started a fundraising campaign to help pay medical expenses after her spinal cord injury. Torres soon realized the importance of a support system and the positive impact others with similar injuries had on her through motivation and confidence she couldn't find elsewhere.

Today, BACKBONES delivers on that mission by creating events and experiences that promote awareness and engage people of all abilities. Our key programs include:

- BACKBONES Leaders Program
- BACKBONES Youth Leaders Program
- Peer Connect (Monthly Virtual Peer Groups)
- Women & SCI/D Health Program
- *ReelAbilities Film Festival* in Chicago

BACKBONES has established a strong reputation through the tireless efforts of its founder, a passionate board of directors, volunteer ambassadors in local communities, and regular outreach through a wide range of activities. Torres was recognized by *New Mobility Magazine* as *2016 Person of the Year*, in large part for her leadership of BACKBONES, and in 2020 received the *Craig H. Neilsen Visionary* prize for her SCI community leadership.

To learn more or apply, visit [Board of Directors - BACKBONES \(backbonesonline.com\)](http://Board_of_Directors_-_BACKBONES_(backbonesonline.com))

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